# 4620 News Roundup

### SAFETY AND UPKEEP TIP



Carbon monoxide alarms are a very good safety feature for everyone to have. A CO alarm detects dangerous levels of carbon monoxide, which is a colorless, odorless, and tasteless gas that is poisonous. Wall-mounted sealed battery-operated CO alarms and plug-in alarms with battery backup can be purchased at hardware stores, home centers, electrical supply stores, and elsewhere — just make sure it's a UL listed product. The Underwriters Laboratories logo is found on common household items and the logo features a "UL" inside a black circle. It is recommended that a CO alarm be placed outside of sleeping areas. If you need help installing your CO alarm, ask the maintenance staff.

### POLICE SAFETY TALK

Mark your calendars for Wednesday 3/12/25 at 6 pm!

Join your neighbors in the 4620 Party Room to hear MoCo Police Officer Demond Johnson speak to us about Personal and Building safety.

## TECHNOLOGY AND ENVIRONMENT TIP



Recycling Mixed Paper Tip: Montgomery County requires us to recycle mixed paper. There are recycling bins next to the trash chutes on each floor. Place all mixed paper in the blue bin with the slotted cover.

Boxes that do not fit into the blue bin must be broken down and put in the recycling bin on G-3. Please do not leave boxes on the floor in the Trash/Recycle room.

Larger boxes that do not fit in the blue bin must be broken down and taken to the Garage Level 3 cardboard bin. G-3 also has a dumpster for general trash. Please do not put cardboard into garbage dumpster or leave boxes on the floor.

There are recycling posters above the recycling bins in the Trash/Recycle room. Below is a list of the types of mixed paper that can be recycled:

- · Cardboard (Carboard boxes must be clean and dry. Do not recycle pizza or other boxes that contain food or are greasy)
- · Cereal boxes (Remove liner and breakdown the boxes)
- · Coated-paper items such as milk and juice cartons, juice and drink boxes, frozen food boxes, and ice cream cartons. (Remember to remove plastic caps and throw them away and rinse out all cartons)
- · Computer and office paper
- · Hardcover books
- · Magazines / Catalogs
- · Newspaper / Inserts
- · Paperback books

- · Pasta boxes (Break down the boxes)
- · Shredded paper (Shredded paper must be placed in a paper bag and stapled shut)
- · Telephone books
- · Unwanted mail (Check to make sure there are no hard plastic cards inside)
- · All other clean dry paper (Do not recycle paper towels, only the carboard tube inside)

## **NEW NEIGHBORS**



Owners

510E Chamindi Seneviratne

### RENOVATIONS

East Side - 211E, 706E, 1105E, 1107E, 1403E

West Side- 402W, 905W, 1606W

## **ELEVATOR RESERVATIONS**

All dates are 9 am to 5 pm unless stated otherwise. Nothing is scheduled right now.

## **Board and Committee Meetings**

The next Board Meeting is Thursday, March 27th, at 7 pm.

All committee meetings are in the library unless noted otherwise.

Landscape- Tuesday, March 11, 10:30 am

Safety and Upkeep - Tuesday, March 11, 7 pm

Fitness - Wednesday, March 19, 6:30 pm

## Friendship Heights Village Center

The Village Center is open Monday through Thursday, 9 am to 9 pm; Friday, 9 am to 5 pm; and Saturday and Sunday, 9 am to 2 pm. The Friendship Heights Village News is available at the front desk. During the months of January, February and March, concerts are held on the second and fourth Wednesdays of the month from 7 to 8 pm in Huntley Hall in the Village Center.

Friendship Heights residents are invited to join a community service project at the Village Center on Saturday, March 8, from 10:30 am to 12:30 pm, to assemble tote bags filled with personal care items for women residing in the Interfaith Works Women's Shelter and Helping Hands Shelter.

Jane Dorfman weaves tales from the Emerald Isle on Tuesday, March 11, at 2 pm, at the Village Center. Afterward, stay for refreshments and socializing. Registration is required.

Jessicalee Rawlings, clinicial dietician intern, will discuss the importance of nutrition for vital aging during this month's Suburban Lecture on Wednesday, March 12, from 1 to 2 pm, via Zoom. Registration is required.

Wednesday, March 12, 7 pm - Ashbrook and Oorts - Karen Ashbrook plays hammered dulcimer, wooden flute and pennywhistle, and Paul Oorts plays classical and steel-stringed guitars, mandolin, musette accordion, cittern, and tenor banjo.